


# Promising Careers for Self-Sufficiency

Our research identified 36 mid-skill, high-wage fields in Arizona accessible with no more than an Associate's degree or certificate equivalent. This means that a single mother with a preschooler could begin on a path toward financial independence without public assistance in just two years.

Here are a few of these promising careers:



Medical Sonographer

\$40  
Median Hourly Wage




Computer Support Specialist

\$28  
Median Hourly Wage



Electrician

\$23  
Median Hourly Wage



Paralegal or Legal Assistant

\$23  
Median Hourly Wage

- ✓ Projected growth in Arizona
- ✓ Pays a median wage estimated to allow a single mother of a young child to meet family needs without public assistance
- ✓ Requires no more than an Associate's degree for entry

## Strategic support can launch more women into these fields.

There is much we can do to help Arizona families and our economy.

Let's support single mothers with greater access to these educational pathways and childcare subsidies for full time educational enrollment.

We can also work to make these fields more hospitable for women with flexible workplaces, family-friendly practices, and "cohort hires" where several women are hired at the same time.



### Create change. Invest in women.

WFSA creates change for women and their families in three ways: funding non-profit partners, advocating with Arizona legislators, and running programs that amplify the voices of women—all informed by research and evaluation.

Visit [www.womengiving.org](http://www.womengiving.org) and click "Take Action."

### Research Report Executive Summary

These data come from the 2019 Research Report *Women's Work: Realities and Possibilities for Arizona*. To read the full briefing, please visit [www.womengiving.org](http://www.womengiving.org). This non-partisan research was sponsored by the Women's Foundation of Southern Arizona. Special thanks to The University of Arizona, Dr. Madeleine deBlois, Kara Haberstock Tanoue, Dr. Christina Cutshaw, and Dr. Michele Walsh, and to our generous supporters for underwriting this research.